



HOW IT WORKS

ROCKY MOUNTAIN ROUNDUP 2009

Breckenridge Colorado

Here it is! The “tentative” 2009 Roundup schedule! Our committees and volunteers are working hard finalizing all of the last minute details. So remember this schedule is not final and some changes may occur. For questions or to register for the roundup go to www.rockymountainroundup.org

FRIDAY AUGUST 7TH

3:00 pm

Registration and Hospitality Opens

4:00 pm - 5:00 pm

Healthy Relationships – Mixed and traditions based

Topic Meeting (Roundup Welcome)

Hike Meeting - easy

5:00 pm - 6:30 pm

Mingle-er – Come socialize with other attendees

6:30 pm – 8:00 pm

Dinner Break – head out on the town, eat in your room, enjoy one of the resorts restaurants or grab and go from the deli!

8:00 pm - 9:30 pm

Welcome and Announcements

Recovery Birthdays

Speaker Lynette R (Texas)*

*All are welcome to this speaker meeting – Conference registration not required for this event only

10:00 pm – 11:00 pm

Lets Make A Deal Bingo!

11:00 pm – 12:00 am

Smore’s In Recovery Gratitude Meeting

SATURDAY AUGUST 8TH

6:30 am

Hospitality Opens

7:00 am - 8:00 am

Guided Meditation

Topic Meeting - Open

Hike meeting or Run

8:00 am - 9:00 am

Topic Meeting - Spirituality

8:30 am - 10:00 am

Workshop – Steps 1, 2, 3

Workshop – Fear & Faith

Workshop – Healthy Relationships

9:00 am - 10:00 am

Topic Meeting – Higher Power

10:00 am - 11:00 am

Topic Meeting – Do I want to be right or happy

10:30 am - 12:00 am

Workshop – Steps 4, 5

Workshop – Victim, Enemy, Rescuer

Workshop – Sex in Recovery-Men

11:00 am - 12:00 pm

Topic Meeting – Progress not Perfection

12:00 pm - 1:30 pm

BBQ Lunch – (*ticketed event*)

1:00 pm - 2:00 pm

Topic Meeting – Aging in Recovery

1:30 pm - 3:00 pm

Workshop – Steps 6, 7, 8, 9

Workshop – Red Rover

Workshop – Service & Sponsorship

2:00 pm - 3:00 pm

Topic Meeting – Women’s Meeting

3:00 pm - 4:00 pm

Topic Meeting – Al-Anon

3:30 pm - 5:00 pm

Workshop – Steps 10, 11, 12

Workshop – Anger & Serenity

Workshop – Angel Whispers

4:00 pm - 5:00 pm

Topic Meeting – Men’s Meeting (This 24 hrs)

5:00 pm - 6:00 pm

Topic Meeting – Health

7:00 pm - 8:00 pm

Evening Banquet (*ticketed event*)

8:00 pm - 9:30 pm

Welcome

Speaker Leslie J (California)*

RMRU Info, Count Up and Drawing

*All are welcome to this speaker meeting – Conference registration not required for this event only

10:00 pm - 11:30 pm

Dance! Dance! Dance!

10:30 pm - 11:30 pm

Moment of Clarity Bonfire

SUNDAY AUGUST 9TH

6:30 am

Hospitality Opens

7:00 am - 8:00 am

Topic Meeting (Roundup Wrap-Up)

7:00 am - 8:30 am

Guided Meditation

Hike Meeting or Run

9:00 am - 10:00 am

Breakfast Buffet (*ticketed event*)

Closing Remarks

10:00 am - 11:00 am

Speaker Mike K (Colorado)*

*All are welcome to this speaker meeting – Conference registration not required for this event only

11:20 am - 12:00 am

Officer Elections Meeting - All are welcome – Come be a part of the RMRU and help plan next year’s events. There is room for everyone!!! Volunteer as a board member, committee chair or committee participant.